



# A Run in the Park Highland Park 5K

To Honor Riki Jacobs  
Sunday, May 22<sup>nd</sup>, 2011

Raritan Avenue, Highland Park, NJ

Presented by



& **STUDIO @ 808**

**Schedule of Events:**

8:00 am Registration

9:00 am 5K Start

10:30 am Awards Ceremony

**Entry Fees:** Includes t-shirt and race day refreshments

**\$25** postmarked by May 1, **\$28** after May 1 (USATF members \$23 before May1/\$25 prior to race day registration)

**Awards:** Top overall M & F, 1<sup>st</sup> place M & F in each age group  
Proceeds to benefit the Highland Park Borough

Fire, First Aid, Library, Main Street, Police and Office of Recreation



**Register Online at**  
[www.raceforum.com/Park](http://www.raceforum.com/Park)  
**No Processing fees!**  
**Please use online registration**  
  
**Questions? Call 732 828-8444**



-----  
**A Run in the Park – Highland Park 5K Entry Form**

**Checks made payable to Main Street Highland Park**

Mail to: Main Street Highland Park, 421 Raritan Avenue, Highland Park, NJ 08904

\_\_\_\_\_  
Last Name                                      First Name                                      Age on race day                                      DOB                                      Sex

\_\_\_\_\_  
Address                                      City                                      State                                      Zip                                      Phone

2011 USATF-NJ # if applicable \_\_\_\_\_ email: \_\_\_\_\_

Please circle T-shirt size (Adult)    S    M    L    XL    -or-    (Youth)    L

**Waiver:** I agree to abide by the conditions herein and agree to hold harmless, waive, and release any and all claims for damages against the Borough of Highland Park, its agents and employees, and other such individuals who may be involved in the planning and implementation of this program or event. I recognize that participation in sports and other activities may occasionally lead to injury. Most common injuries that occur are abrasions, bruises, sprains and strains. Less common injuries, but perhaps more serious, may occur. I hereby authorize emergency medical care for my child(ren) or myself. If, in the judgment of the staff, treatment is required for injury or illness, I hereby authorize the administering of anesthetics and recourse to other procedures deemed necessary by attending physician. I recognize that I am financially responsible for any expenses for medical care or transportation incurred. I further understand that photographs may be taken, and will be used for promotional purposes only.

\_\_\_\_\_  
**Participant Signature (parent or guardian if under 18)**                                      **Date**

**NO EXTRA FEES ONLINE REGISTRATION**

Direct Link to Online Registration [www.RaceForum.com/Park](http://www.RaceForum.com/Park)

