



WARINANCO PARK 2010 SUMMER XC SERIES

Benefitting the Roselle Catholic High School Cross Country Team

- Dates:** Wednesdays - August 11, 18, 25 and Saturday September 4
- Time:** Wednesday Races Start at 6:45 PM, Registration Begins at 5:45 PM
Saturday Race Starts at 9:00 AM, Registration Begins at 7:30 AM
- Amenities:** Overall and Age Group Prizes – Races
Team Prizes at Saturday Race (Enter as a 7 person team, or randomly be assigned to one.)
- Where:** The famous high school dual meet course at Warinanco Park in Union County (E. St. Georges Avenue, Roselle, NJ)

This series is designed for runners of all ages! It is ideal for the runner looking to get off the roads onto a grassy surface. For high school and middle school runners, it provides an opportunity to get together and run with friends (and/or test your fitness).

For more information, visit www.racingnj.com or call 609-577-6595

Please make checks payable to: RacingNJ

Street Address: _____

City: _____ State: _____ Zip: _____

Sex: M F Birth Date: _____ Age: _____

Phone Number: (____) _____ - _____ USATF # _____

Race: Aug 11 Aug 18 Aug 25 Sept 4 4 Race Series _____

Race

Registration: (By Aug. 2nd)

Wednesday Races	\$8* _____
Saturday Race	\$20* _____
4 Race Series	\$30* _____

* USATF Member receives \$2 Discount

Race Day-Registration:

Wednesday Race	\$ 10 _____
Saturday Race	\$20 _____

I, the undersigned, know that running is a potentially hazardous activity. I should not enter my child unless he/she is medically able and properly trained. I agree to abide by any decision of a race official relative to his/her ability to safely complete the race. I assume all risks associated with my child running in these cross country events, including but not limited to falls, contact with other runners, the effects of the weather, including high heat and humidity, traffic and the conditions of the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of my entry, I for myself and anyone entitled to act on my or my child's behalf, waive and release Roselle Catholic High School, the race directors, all organizing committees, the County of Union, all their sponsors, representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signed: _____ Date: _____
(Parent's or Guardian's Signature if under 18 Years of Age)